District Policies that Support Healthy Schools
School Year 2017-2018

North Dakota

The Centers for Disease Control and Prevention, in partnership with ASCD, developed the Whole School, Whole Community, Whole Child (WSCC) framework to highlight the need for schools to address all aspects of children's physical, mental, and social well-being to help them learn and thrive. As part of the Together for Healthy and Successful Schools Initiative funded by the Robert Wood Johnson Foundation, Child Trends, the Institute for Health Research and Policy at the University of Illinois at Chicago (UIC), and EMT Associates, Inc., analyzed state statutes and regulations for key topic areas across the WSCC's 10 components. To understand whether and how local education agencies (LEAs) implement and/or extend state policy around the WSCC, UIC analyzed district board policies, regulations, codes of conduct, and student handbooks from a representative, random sample of districts in 19 states and the District of Columbia.

This profile highlights the extent to which 17 public school districts in North Dakota have policies that cover topic areas across the WSCC. The public school district data are weighted to be representative of public school districts in the state. Please note, because of the small number of charter LEAs sampled, they are not included in this profile.

The national summary report, profiles for each of the 19 states, and a detailed explanation of our methodology can be found on the Child Trends website.

Coverage of the WSCC in North Dakota School District Policies

	% of Elements Addressed within ND State Law	Average % of Elements Addressed within ND District Policies
Health Education	20%	66%
Physical Education and Physical Activity	14%	62%
Nutrition Environment and Services	0%	45%
Health Services	20%	14%
Counseling, Psychological, and Social Services	50%	31%
Social and Emotional Climate	36%	34%
Physical Environment	42%	57%
Employee Wellness	0%	16%
Family Engagement	0%	40%
Community Involvement	0%	57%

Key:
Low Moderate Comprehensive



Overall LEA Coverage:

Limited

Child TRENDS

INSTITUTE FOR HEALTH RESEARCH AND POLICY
UIC

Average approach to selected topic areas by domain for North Dakota's public school districts

□	Indicates majority of public school districts in North Dakota cover topic similarly to state law
◊	Indicates majority of public school districts in North Dakota cover topic differently than state law
ϴ	Indicates categories in which most public school districts cover topics without a clear majority
o	Indicates how majority of public school districts in North Dakota cover topic, district policy only

WSCC Reference

	State Law	District Policies			
Coverage of WSCC	Not addressed	Not addressed (96%) □	Addresses Coordinated School Health (4%)	Addresses WSCC (0%)	
District-Level Wellness Councils	Not addressed	Not addressed (30%)	Encouraged (11%)	Required (does not address WSCC) (59%) ◊	Required (addresses WSCC) (0%)
School-Level Wellness Councils	Not addressed	Not addressed (94%) □	Encouraged (2%)	Required (does not address WSCC) (4%)	Required (addresses WSCC) (0%)
Wellness Leadership	Not addressed	Not addressed (20%)	Leadership identified (80%) ◊		
District Wellness Policy	Not addressed	Not addressed (24%)	District policy adopted (76%) ◊		
Equity Policy	*Not analyzed at state level*	Not addressed (100%) o	District policy adopted (0%)		

Health Education

	State Law	District Policies		
National Health Education Standards	Not addressed	Not addressed (32%)	Referenced (68%) ◊	
Health Education Professional Development	Not addressed	Not addressed (49%)	Addressed (51%) ◊	
HE Curriculum ES	Required	Not addressed (5%)	Recommended (7%)	Required (88%) □
HE Curriculum MS	Required	Not addressed (5%)	Recommended (10%)	Required (85%) □
HE Curriculum HS	Recommended	Not addressed (5%)	Recommended (10%)	Required (85%) ◊
Healthy Eating/ Nutrition Curriculum	Not addressed	Not addressed (5%)	Required in some grade levels (0%)	Required in all grade levels (95%) ◊

	State Law	District Policies		
Suicide Prevention (within HE)	Not addressed	Not addressed (100%) □	Required in some grade levels (0%)	Required in all grade levels (0%)
Social and Emotional Learning (within HE)	Not addressed	Not addressed (32%)	Required in some grade levels (0%)	Required in all grade levels (68%) ◊
Mental and Emotional Health Curriculum	Not addressed	Not addressed (60%) □	Required in some grade levels (0%)	Required in all grade levels (40%)
Personal Health and Wellness Curriculum	Required in some grade levels	Not addressed (14%)	Required in some grade levels (10%)	Required in all grade levels (76%) ◊
Violence Prevention (within HE)	Not addressed	Not addressed (43%)	Required in some grade levels (57%) ◊	Required in all grade levels (0%)
Bullying Prevention (within HE)	Not addressed	Not addressed (5%)	Required in some grade levels (0%)	Required in all grade levels (95%) ◊

Physical Education and Physical Activity

	State Law	District Policies		
National PE Standards (SHAPE America)	Not addressed	Not addressed (30%)	Referenced (70%) ◊	
Time for PE ES	Not addressed	Not addressed (30%)	Recommended or less than national standards (70%) ◊	Required; Meets national standards (0%)
Time for PE MS	Not addressed	Not addressed (30%)	Recommended or less than national standards (70%) ◊	Required; Meets national standards (0%)
Time for PE HS	Not addressed	Not addressed (30%)	Recommended or less than national standards (70%) ◊	Required; Meets national standards (0%)

	State Law	District Policies	
PE Exemptions for Academics	Not addressed	Not addressed (100%) □	Allowed (0%)
PE Exemptions for Illness	Not addressed	Not addressed (82%) □	Allowed (18%)
PE Exemptions for Disabilities	Not addressed	Not addressed (100%) □	Allowed (0%)
Adaptive PE Requirements	Not addressed	Not addressed (41%)	Addresses inclusivity of PE activity (59%) ◊

Physical Education and Physical Activity (cont.)

	State Law	District Policies		
PE Substitutions	Not addressed	Not addressed (100%) □	Allows substitution of other activities for PE (0%)	
PE Professional Development	Not addressed	Not addressed (59%) □	Addressed (41%)	
Physical Activity Throughout Day	Not addressed	Not addressed (5%)	Encouraged (86%) ◊	Required (9%)

	State Law	District Policies		
Recess	Not addressed	Not addressed (21%)	Addressed or requires less than daily recess (64%) ◊	Requires daily recess (15%)
Sports Participation Fees	Sports participation fees prohibited or waivers provided	Requires sports participation fees (2%)	Not addressed (81%) ◊	Sports participation fees prohibited or waivers provided (17%)

Nutrition Environment and Services

	State Law	District Policies		
Strategies to Increase Breakfast	Not addressed	Not addressed (92%) □	Recommended or restricted to certain schools/ students (8%)	Required to ensure all students eat breakfast (0%)
Access to Potable Water Throughout Day	Not addressed	Not addressed (38%)	Recommended (0%)	Required (62%) ◊
Competitive Food (Outside of School Meals)	Not addressed	Not addressed (16%)	Addressed OR does not meet federal standards in all grades (11%)	Meets federal Smart Snacks standards in all grades (73%) ◊

	State Law	District Policies		
Unhealthy Marketing Restrictions	Not addressed	Not addressed (53%) □	Recommends restricting to foods that meet Smart Snack standards (2%)	Restricted to foods that meet Smart Snack standards (45%)
Class Parties ES	Not addressed	Not addressed (35%)	Addressed (65%) ◊	Required (0%)
Unpaid Meal Charge Policy	Not addressed	Restricts access to meals (52%) ◊	Not addressed (43%)	Supports access to meals (5%)

Health Services

	State Law	District Policies		
School-based Health Services	Not addressed	Not addressed (100%) □	Addressed, but no formal program (0%)	Addresses on-campus health centers or clinics (0%)
Preventive Vision Screenings ES	Not addressed	Not addressed (100%) □	Addressed (0%)	
Preventive Vision Screenings MS	Not addressed	Not addressed (100%) □	Addressed (0%)	
Preventive Vision Screenings HS	Not addressed	Not addressed (100%) □	Addressed (0%)	
Preventive Hearing Screenings ES	Not addressed	Not addressed (100%) □	Addressed (0%)	
Preventive Hearing Screenings MS	Not addressed	Not addressed (100%) □	Addressed (0%)	
Preventive Hearing Screenings HS	Not addressed	Not addressed (100%) □	Addressed (0%)	
Preventive Dental Screenings ES	Not addressed	Not addressed (100%) □	Addressed (0%)	
Preventive Dental Screenings MS	Not addressed	Not addressed (100%) □	Addressed (0%)	

	State Law	District Policies		
Preventive Dental Screenings HS	Not addressed	Not addressed (100%) □	Addressed (0%)	
Asthma Plans	Addressed	Not addressed (86%) ◊	Addressed (14%)	
Diabetes Plans	Not addressed	Not addressed (91%) □	Addressed (9%)	
Allergy Plans	Addressed	Not addressed (0%)	Addressed (100%) □	
Vaccination Waivers	Allowed for religious or moral reasons	Not addressed (73%) ◊	Allowed for religious or moral reasons (27%)	
School Nurse Professional Development	Not addressed	Not addressed (100%) □	Addressed (0%)	
School Nurse Availability	Not addressed	Not addressed (96%) □	Addressed, but nurse availability limited (4%)	Requires full time nurse in every school (0%)
Referrals to Community Health Providers	Not addressed	Not addressed (85%) □	Addressed (15%)	

Counseling, Psychological, and Social Services

	State Law	District Policies		
School Counseling K-8	Not addressed	Not addressed (34%)	Encouraged (30%)	Required (36%) ◊
School Counseling 9-12	Required	Not addressed (24%)	Encouraged (19%)	Required (57%) □
School-based or School-linked Mental Health Services	Not addressed	Not addressed (100%) □	Encouraged (0%)	Required (0%)
Professional Development for Mental Health	Required	Not addressed (100%) ◊	Encouraged (0%)	Required (0%)

	State Law	District Policies		
Early Identification and Referral	Not addressed	Not addressed (64%) □	Screening authorized (0%)	Encouraged or Required (36%)
Professional Development for Trauma	Required	Not addressed (96%) ◊	Encouraged (4%)	Required (0%)
Professional Development for Suicide Prevention	Required	Not addressed (68%) ◊	Encouraged (0%)	Required (32%)
Suicide Prevention Policy	Not addressed	Not addressed (68%) □	Encouraged (0%)	Required (32%)

Social and Emotional Climate

	State Law	District Policies		
Multi-tiered, Positive Behavior Supports	Encouraged	Not addressed (52%) ◊	Encouraged (0%)	Required (48%)
Social-Emotional Learning or Character Development	Not addressed	Not addressed (81%) □	Encouraged (19%)	Required (0%)
Professional Development for Cultural Competency	Not addressed	Not addressed (100%) □	Encouraged (0%)	Required (0%)
Chronic Absenteeism Early Warning Systems	Encourages or requires early warning, parent conferencing, and parental sanctions	Not addressed or limited to transfer to law enforcement (9%)	Encourages or requires early warning, parent conferencing, and parental sanctions (48%) □	Encourages or requires comprehensive student supports (43%)

	State Law	District Policies		
Limits on Exclusionary Discipline	Not addressed	Not addressed (84%) □	Discourages use (16%)	Requires limits on use of suspension and expulsion (0%)
Alternatives to Exclusionary Discipline	Not addressed	Not addressed (71%) □	Encouraged (29%)	Required (0%)
Bullying Protections for Vulnerable Populations	Not addressed	Not addressed (96%) □	Requires protections for selected groups (0%)	Requires protections for all groups including LGBTQ populations (4%)
Bullying, Harassment, and Intimidation Policy	Includes all components of U.S. Department of Education recommendations	Not addressed (5%)	Includes some components of U.S. Department of Education recommendations (79%) ◊	Includes all components of U.S. Department of Education recommendations (16%)

Social and Emotional Climate (cont.)

	State Law	District Policies		
Professional Development for Bullying Prevention	Required	Not addressed (5%)	Encouraged (11%)	Required (84%) □
Hazing Policy	Encouraged	Not addressed (25%)	Encouraged (11%)	Required (64%) ◊
Dating Violence Policy	Not addressed	Not addressed (100%) □	Encouraged (0%)	Required (0%)

	State Law	District Policies		
School Resource Officer Training	Not addressed	Not addressed (100%) □	Encouraged (0%)	Required (0%)
Limits on Referrals to Law Enforcement	Requires referral for any offense in violation of criminal code	Requires referral for any offense in violation of criminal code (64%) □	Not addressed or authorizes schools to refer to law enforcement (36%)	Requires districts to establish formal procedures for referrals to law enforcement (0%)
Equitable Discipline Practices	Not addressed	Not addressed (100%) □	Monitoring required (0%)	Monitoring and remediation required (0%)

Physical Environment

	State Law	District Policies		
Corporal Punishment	Prohibited	Permitted (0%)	Neither permitted nor prohibited (45%)	Prohibited (55%) □
Restraint and Seclusion	Not addressed	Not addressed (45%)	Limits use with some protections (8%)	Limits use and includes comprehensive protections (48%) ◊
Emergency Operations Plans	Not addressed	Not addressed (31%)	Required, but no plans for reviews or updates (64%) ◊	Required, with regular reviews and updates (4%)
Multi-hazard Practice Drills	Required without interagency coordination	Not addressed (18%)	Required without interagency coordination (82%) □	Required, with required or encouraged interagency coordination (0%)
Firearms on School Campus	Not addressed	Not addressed (33%)	Meets GFSA (53%) ◊	Meets GFSA with protections (14%)
Internet Safety	Not addressed	Not addressed (10%)	Encouraged (4%)	Required (85%) ◊

	State Law	District Policies		
Tobacco-free Environments	Prohibits any use, may include limited policies	Not addressed or prohibits student use (5%)	Prohibits any use, may include limited policies (30%)	Requires comprehensive policies (65%) ◊
Alcohol and Drug Use Intervention Programs	Encouraged	Not addressed (19%)	Encouraged (11%)	Required (70%) ◊
Authorizes MOUs with Law Enforcement	Authorized	Not addressed (69%) ◊	Authorized (17%)	Authorized with protections (14%)
Chemical Hazard Protections	Not addressed	Not addressed (93%) □	Encouraged (0%)	Required (7%)
Water Quality Protections	Not addressed	Not addressed (100%) □	Encouraged (0%)	Required (0%)
Air Quality Protections	Not addressed	Not addressed (47%)	Encouraged (0%)	Required (53%) ◊

Employee Wellness

	State Law	District Policies		
Staff Wellness Programs	Not addressed	Not addressed (47%) □	Encouraged (43%)	Required (11%)
Staff Stress Management Program	Not addressed	Not addressed (83%) □	Addressed (17%)	
Staff Health Assessments	Not addressed	Not addressed (100%) □	Addressed (0%)	

	State Law	District Policies	
Staff Physical Activity	Not addressed	Not addressed (92%) □	Addressed (8%)
Staff Healthy Food Policies	Not addressed	Not addressed (100%) □	Addressed (0%)

Family Engagement

	State Law	District Policies		
Family Engagement Plans	Not addressed	Not addressed (33%)	Addressed (65%) ◊	Required (2%)
Family Engagement in Local Governance	Not addressed	Not addressed (87%) □	Encouraged (4%)	Required (8%)

	State Law	District Policies		
Professional Development on Family Engagement	Not addressed	Not addressed (60%) □	Encouraged (38%)	Required (2%)
Family Engagement in Policy making on School Discipline	Not addressed	Not addressed (59%) □	Encouraged (30%)	Required (11%)

Community Involvement

	State Law	District Policies		
Community Involvement in Local Governance	Not addressed	Not addressed (72%) □	Encouraged (23%)	Required (4%)
School-Community and Interagency Partnerships	Not addressed	Not addressed (40%)	Encouraged (14%)	Required (46%) ◊

	State Law	District Policies		
Community Use of Public School Facilities	Not addressed	Not addressed (16%)	Authorized (55%) ◊	Authorized and encouraged (29%)